

## UCLA Women's Track & Field

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For Immediate Release

# UCLA ENTERS 2004 NCAA OUTDOOR T & F CHAMPIONSHIPS (JUNE 9-12, AUSTIN, TX) RANKED No. 1 IN U. S.; BRUINS WIN 2004 NCAA WEST REGION/PAC-10 TITLES

## THIS WEEK (JUNE 9-12)

Jeanette Bolden's UCLA women's track & field team, ranked No. 1 in the U. S. (Trackwire) and team champions at the 2004 NCAA West Region and Pac-10 meets, travels to Austin, TX June 9-12 to compete at the 2004 NCAA Outdoor Track & Field Championships, hosted by the University of Texas at Mike A. Myers Stadium.

In Bolden's 11 years as the Bruin head coach, UCLA has won two NCAA Indoor titles (2001-00) and at the NCAA Outdoor, the Bruins have ten Top 10 finishes, including eight Top Three placements (UCLA finished second in 2002-01-99-98-95). In 2003, the Bruins were eighth. Outdoors, UCLA has won four national titles (NCAA, 1983-82/AIAW, 1977-75).

The Bruins have two NCAA Outdoor champions - senior Sheena Johnson, the defending 400m hurdles winner and junior Jessica Cosby, who won the Outdoor shot put crown in 2002.

## Bruins to Send 18 Athletes (13 Events) to Compete at 2004 NCAA Outdoor T & F Championships.

Jeanette Bolden's UCLA women's track & field team will send 18 athletes to compete in 13 events at the 2004 NCAA Outdoor Track & Field Championships, June 9-12 in Austin, TX and hosted by the University of Texas.

Here's the list of UCLA's 2004 women competitors. All are automatic qualifiers except - UCLA's 4 X 400m relay, senior **Julie Stevenson** (high jump), sophomore **Jackie Nguyen** (pole vault) and freshman **Kamaiya Warren** (shot put).

### Event/Seed/Name/Mark/Date

**400m** - No. 3 junior **Monique Henderson**, 50.65SR (5/29).

Henderson is the 2004 NCAA West Region and Pac-10 400m champion.

**800m** - No. 13 sophomore **Ashley Caldwell**, 2:05.01 (5/29).

Caldwell is the 2004 Pac-10 800m champion.

**1500m** - No. 14 sophomore **Alejandra Barrientos**, 4:17.60 (4/18)

No. 17 senior **Melissa McBain**, 4:18.08 (5/29)

**100m Hurdles** -No. 3 senior **Sheena Johnson**, 12.79 (5/15)

No. 7 senior **Sani Roseby**, 12.96 (5/15)

No. 14 sophomore **Dawn Harper**, 13.16 (5/14)

**400m Hurdles**-No. 1 senior **Sheena Johnson**, 54.32 (5/14).

Johnson is the defending NCAA Outdoor 400m hurdles champion and the 2004 NCAA West Region and Pac-10 100m/400m hurdles champion.

**4 X 100m Relay** - No. 3 **Roseby, senior Adia McKinnon, Harper, Henderson**, 43.43(5/15). This time won the 2004 Pac-10.

**4 X 400m Relay** - No. 7 **Roseby, Johnson, McKinnon, Henderson**, 3:32.39 (5/15). This relay won the 2004 Pac-10.

**High Jump** - No. 4 sophomore **Sheena Gordon**, 6-2 (1.88)(5/29).

Gordon is the 2004 NCAA West Region HJ champion.

No. 20 senior **Julie Stevenson**, 5-10.75 (1.80)(5/1)

**Pole Vault** - No. 1 sophomore **Chelsea Johnson**, 15-0 (4.57)(3/27).

Johnson's 15-0 is the NCAA Outdoor record and she's the 2004 NCAA West Region PV champion.

No. 23 sophomore **Jackie Nguyen**, 13-2.25 (4.02)(5/15)

**Long Jump** - No. 14 junior **Candice Baucham**, 20-9.75 (6.34)(5/1)

**Triple Jump** - No. 5 junior **Candice Baucham**, 44-8 (13.61)(5/15).

Baucham is the 2004 Pac-10 TJ champion.

**Shot Put** - No. 6 junior **Jessica Cosby**, 56-7.25 (17.25)(4/18). Cosby won the shot put crown at the 2002 NCAA Outdoor.

No. 13 freshman **Kamaiya Warren**, 55-2.75 (16.83)(5/1)

**Hammer Throw** - No. 6 junior **Jessica Cosby**, 214-9 (65.46)(5/28).

Cosby is the 2004 NCAA West Region and Pac-10 HT champion.

No. 7 senior **Cari Soong**, 213-5 (65.05)(5/28). Soong is

the 2003 NCAA West Region and Pac-10 HT champion.

**Alternates** - in the relays, sophomore **Jenna Timinsky** and freshman **MacKenzie Hill**.

## JEANETTE BOLDEN, SHEENA JOHNSON EARN 2004 USTCA WEST REGION HONORS

For the eighth consecutive season and ninth time during her 11-year Bruin head coaching career, **Jeanette Bolden** on May 27 was named the U. S. Track Coaches Association (USTCA) 2004 Mondo West Region Women's Coach of the Year. In addition, Bruin senior hurdler **Sheena Johnson** was named the West Region Women's Athlete of the Year.

Bolden directed the Bruins, ranked No. 1 in the U. S., to the 2004 NCAA West Region and Pac-10 team titles.

Johnson, the 2003 NCAA Outdoor 400m hurdles champion, helped lead UCLA to both team crowns. At the NCAA West Region, she won both hurdle events (100mH, 12.85/400mH, 54.91). At the Pac-10 meet, she won the 100m hurdles (12.76, 0.0, personal-best, stadium record, No. 2 in school history, No. 3 in Pac-10 history), the 400m hurdles (55.45/her prelim time of 54.32 was a Pac-10 meet record and at the time, the world's current top mark) and ran the second leg on both of UCLA's winning relays (4X100m, 43.43, Pac-10 meet record, No. 2 in UCLA history, No. 3 in Pac-10 history/4 X 400m, 3:32.39, season-best, No. 10 in school history). She's only the second woman in conference history to repeat as 100mH/400mH champion (joining UCLA's Janeene Vickers, 1989-90). In the 400m hurdles, Johnson is the first four-time champion in the event (only the third woman in Pac-10 history to win an individual event all four years, joining UCLA's Amy Acuff/HJ/

1994-97 and USC Inga Stasiulionyte/JT/2001-04).

## NATIONAL RANKINGS

In collegiate track & field, there are two national rankings - **Trackwire** and the USTCA sponsored **Team Power Ranking**.

**Trackwire's** National Top 25 is a power ranking of NCAA Div. I T & F teams. This ranking's methodology takes into account a variety of statistical predictors and is intended to project the outcome of the 2004 NCAA Div. I T & F Championships (June 9-12 at Austin, TX). The scores provided with the rankings indicate each team's projected score based on form charts for each NCAA event (entering last season's NCAA Outdoor, UCLA was ranked No. 3 and placed 8th at the NCAA Outdoor).

**Team Power Ranking** is a computer program rating teams by individual marks and dual meet strength (the UCLA women ranked No. 2 in the final 2003 standings and have been the National Dual Meet Champion eight of the last nine seasons, including 2004). **In this week's (June 7) Team Power Ranking, the Bruins are No. 1 (466.43) in the U. S. (ahead of No. 2 Nebraska 430.22, No. 3 BYU 425.21, No. 4 Georgia 414.5 and No. 5 South Carolina 406.25).**

#### Trackwire National Top 25 Rankings

Week of	UCLA Women
Preseason Indoor	5th
Before NCAA Indoor	6th (Bruins placed 5th at 2004 NCAA Indoor)
April 6 (First Outdoor Ranking)	2nd
April 13	2nd T (with Texas)
April 20	2nd
April 27	2nd
May 4	1st
May 11	2nd
May 18	1st
June 4	1st

### BRUIN HEAD COACH JEANETTE BOLDEN

Is in her 11th season as the UCLA women's track & field head coach and 13th on the Bruin staff.

On Feb. 13, Bolden was presented the prestigious C. Vivian Stringer Award by Dr. Robert S. Block, founding trustee of the United States Sports Academy.

The C. Vivian Stringer Coaching Award is presented (by the U. S. Sports Academy) to a woman who has experienced outstanding achievement as a coach. This person should exhibit a high standard of propriety, imagination and innovation as a character-builder in the tradition of great teacher-coaches.

The award is named after C. Vivian Stringer, who is in her 10th season as the head women's basketball coach at Rutgers. In her 33rd year as a head coach, Stringer was inducted into the Women's Basketball Hall of Fame in 2001. The fourth winningest coach in women's basketball, Stringer is the only coach in women's or men's basketball to take three different schools to the NCAA Final Four (Rutgers 2000, Iowa 1993, Cheyney 1982).

Past winners of this prestigious women's coaching honor, established in 2002, have been Amy Ruley (2002), highly successful women's basketball coach at North Dakota State and Sarah Patterson (2003), legendary women's gymnastics coach at Alabama.

#### Bolden's other coaching honors include -

- Led UCLA to back-to-back NCAA Indoor Championships (2000-01) and a runner-up finish in 2002; 8th-place tie in 2003; 5th in 2004.
- Ten Top 10 NCAA Outdoor finishes, including five second-place finishes.
- 2004-03 NCAA West Region Team Champion
- Nine-time USTCA West Region Coach of the Year, including last eight consecutive seasons.
- Ten Pac-10 titles in 11 years, including last eight consecutive seasons.
- Nine-time Pac-10 Coach of the Year, including last seven consecutive seasons (2004 honors announced after NCAA Outdoor).
- Unbeaten Career dual record of 70-0, including 11-0 mark vs. USC.
- Nine-time National Dual Team Champion, including eight of last nine seasons (including 2004).

### INJURIES

**Injuries have sidelined two Bruin standouts for the rest of the outdoor season** (and neither have competed this outdoor season). Senior **Lena Nilsson**, a three-time NCAA Champion (2003 NCAA Indoor 800m/2002 NCAA Outdoor 1500m/2002 NCAA Indoor DMR), two-time (2003-02) Pac-10 Women's T & F Athlete of the Year, two-time defending conference champion in the 800m/1500m and school record-holder in the 800m (2:02.26)/1500m (4:07.69), is sidelined with a left foot (first metatarsal) stress fracture (she has not run since the 2004 NCAA Indoor, when Nilsson ran the anchor leg on UCLA's third-place DMR, 11:08.70). Freshman **Renee Williams**, who earned All-American honors in the long jump at the 2004 NCAA Indoor (6th, 20-1.50 - entered the meet No. 1 on the collegiate list, 21-1.50), injured her left knee at the Texas Relays and is sidelined with a bone contusion.

### UCLA's 2004 NCAA OUTDOOR QUALIFIERS

**Monique Henderson** (Jr., 5-7, San Diego, Morse HS) - **400m (No. 3 50.65SR)/4X100m Relay(anchor,No. 3 43.43)/4 X 400m Relay (anchor, No. 7 3:32.39)**

**2004 West Region** - 400m champion, in a personal-best 50.65 (school record, breaking her old mark of 50.90, set at the Pac-10 meet). Bests her previous top time of 50.74, the former national HS record she set in 2000. Her 50.65 was No. 2 in the U. S. and No. 3 in the World. Ran on both of UCLA's relays (4X100m, 3rd, 44.44/4X400m, 4th, 3:37.21).

**2004 Pac-10** - 200m (22.89, stadium record)/400m (50.90, meet record, at the time, a new school record, breaking Florence Griffith's 50.94, 1983) champion. She joins Arizona State's Maicel Malone (1991-90-88) as the only other athlete in women's conference history to win both the 200m/400m in the same meet. Ran the anchor leg on both of UCLA's winning relays (4X100m, 43.43, stadium and meet record, No. 2 in UCLA history/4X400m, 3:32.39, season-best, No. 10 in UCLA history).

**UCLA Honors** - Member of UCLA's 2002 NCAA Indoor championship DMR (10:58.19, school record). Five-time All-American and Pac-10 champion, three-time West Region champion.

**Ashley Caldwell** (So., 5-9, Los Gatos HS) - **800m (No. 13 2:05.01)**

**2004 West Region** - Second in the 800m (2:05.01, personal-best, No. 4 in school history).

**2004 Pac-10** - 800m champion (in a then-personal-best 2:06.88). HM Academic All-Pac-10.

**2004 NCAA Indoor** - Earned All-American honors on UCLA's distance medley relay (3rd, 11:08.70, season-best).

**2003 Cross Country** - Helped lead UCLA to 7th-place team finish at NCAA. Individually, earned All-American (36th, 20:45.6), All-Region (11th, 20.50) and second-team All-Pac-10 (14th, 22.17.2). HM Academic All-Pac-10.

**Alejandro Barrientos** (RSo., 5-6, Felton, San Lorenzo Valley HS)- **1500m (No. 14 4:17.60, No. 7 in UCLA history)**

**2004 West Region** - Placed 5th in the 1500m (4:20.20).

**2004 Pac-10** - Placed 3rd at the Pac-10 1500m (4:23.15).

**Cross Country** - In 2001 and 2002, Barrientos helped lead UCLA to team bids to the NCAA Championships.

**Melissa McBain** (Sr., 5-3, Thousand Oaks HS) - **1500m (No. 17 4:18.08)**

**2004 West Region** - Placed fourth in the 1500m (4:18.08, personal-best, No. 9 in UCLA history).

**2004 Pac-10** - Placed sixth in the 1500m (4:27.57) and ninth in the 800m (2:18.24).

**2004 NCAA Indoor** - Earned All-American honors on UCLA's distance medley relay (3rd, 11:08.70, season-best).

**2003 Cross Country** - Helped lead UCLA to a 7th-place finish at the NCAA, earning All-American honors (50th, 20:53.6). Also earned All-Region honors (25th, 21.11) and was 19th (22:40.9) at the Pac-10.

**Career** - School record-holder in the 3000m steeplechase (10:36.06). One of UCLA's top student-athletes - in 2003-04 earned second-team CoSIDA Academic All-Dist. VIII (3.433gpa, psychology), HM Academic All-Pac-10 in track and second-team Academic All-Pac-10 in cross country.

**Sheena Johnson** (Sr., 5-5, Stafford, VA, Garfield HS) - **100mH (No. 3 12.79)/400mH (No. 1 54.32)/4 X 400m Relay (second leg, No. 7 3:32.39)**

**2004 West Region** - Won the 100m (12.85) and 400m (54.91) hurdles.

**2004 Pac-10** - Won the 100m (12.79, stadium record, No. 2 in UCLA history) and 400m (55.45/in prelims, ran a Pac-10 meet record 54.32) hurdles. Also ran the second leg on both of UCLA's winning relays (4X100m, 43.43, meet record, No. 2 in UCLA history/4X400m, 3:32.39, season-best, No. 10 in school history). She's only the second woman in conference history to repeat as 100mH/400mH champion (joining UCLA's Janeene Vickers, 1989-90). In the 400m hurdles, Johnson is the first-ever four-time champion in the event (only the third woman in Pac-10 history to win an individual event all four years, joining UCLA's Amy Acuff/HJ/1994-97 and USC's Inga Stasiulionyte/JT/2001-04).

**2004 NCAA Indoor** - Earned All-American honors twice - 60mH (3rd, 8.11) and on UCLA's DMR (3rd, 11:08.70).

**UCLA Career** -defending NCAA Outdoor 400m hurdles champion (54.24, personal-best, meet record, No. 2 all-time collegiate). This season named the USTCA West Region Women's Athlete of the Year and on May 17, was named the USATF Athlete of the Week (for her Pac-10 performance). Ten-time All-American, four-time West Region champion and 10-time Pac-10 champion.

**Sani Roseby** (Sr., 5-2, Las Vegas, V, Monterey, CA HS) - **100mH (No. 7 12.96)/4X100m Relay(leadoff,No. 3 43.43)/4 X 400m Relay (leadoff, No. 7 3:32.39)**

**2004 West Region** - Third in the 100m (11.57), fourth in the 100m hurdles (13.20) and ran on both of UCLA's relays (4X100m, 3rd, 44.44/4X400m, 4th, 3:37.21). In 100m hurdle qualifying on Friday, Roseby broke her right hand on a hurdle and competed on Saturday in a splint.

**2004 Pac-10** -Second in the 100m (11.52) and 100m hurdles (12.96, personal-best, No. 4 in school history/ran a 12.97 in prelims) and ran the opening leg on both of UCLA's winning relays (4X100m, 43.43, meet record, No. 2 in UCLA history/4X400m, 3:32.39, season-best No. 10 in school history).

**2004 NCAA Indoor** -Qualified in the 60m hurdles.

**UCLA Career** - 2003 NCAA Indoor All-American.

**Dawn Harper** (So., 5-6, E. St. Louis, IL Senior HS) - **100mH (No. 14 13.16)/4X100m Relay(third leg, No. 3 43.43)**

**2004 West Region** - Finished third in the 100m hurdles (13.17) and ran on UCLA's 4 X 100m relay (3rd, 44.44).

**2004 Pac-10** - Ran the third leg on UCLA's winning 4 X 100m relay (43.43, meet record, No. 2 in UCLA history). Did not run in the 100m hurdle final, but her qualifying mark of 13.16 was a personal-best and No. 6 in school history.

**2004 NCAA Indoor** -Earned All-American honors in the 60m hurdles (4th, 8.13).

**Career** - 2003 Pan Am (13.42) and U. S. (13.28w) Junior champion in the 100m hurdles.

**Adia McKinnon** (Sr., 5-5, Flossmoor, IL, Homewood-Flossmoor HS) - **4X100m Relay(second leg,No. 3 43.43)/4 X 400m Relay (third leg, No. 7 3:32.39)**

**2004 West Region** - Ran the third leg on UCLA's 4 X 100m relay that placed third (44.44) and the second leg on UCLA's 4 X 400m relay that was fourth (3:37.21). In 400m qualifying, ran a 54.87.

**2004 Pac-10** - Placed ninth in the 400m (54.62, season-best) and ran the third leg on UCLA's winning 4 X 400m relay (3:32.39, season-best, No. 10 in school history).

**Career** -Four time All-American and Pac-10 champion, including 2001 400m winner.

**Sheena Gordon** (So., 5-10 Erie, PA, MacDowell HS) - **HJ (No. 4 6-2)**

**2004 West Region** - Competing on a sprained right ankle, won the high jump with a mark of 6-2 (personal-best, No. 2 in school history, bypassing Jackie Joyner's 6-1.50, 1983) and placed fifth (41-1.50) in the triple jump.

**2004 Pac-10** - Did not compete. HM Academic All-Pac-10.

**Julie Stevenson** (Sr., 5-4, Walnut, Diamond Bar)- **HJ (No. 20 5-10.75)**

**2004 West Region** - Tied for 11th in the high jump (5-6.50).

**2004 Pac-10** - Finished second in the high jump (5-8).

**Chelsea Johnson** (So., 5-9, Atascadero HS) - **PV (No. 1 15-0 NCAA Outdoor Record)**

**2004 West Region** -Won the pole vault (13-9.75).

**2004 Pac-10** - Placed second in the pole vault (14-2).

**2004 NCAA Indoor** - Earned All-American honors, placing second in the pole vault (13-11.25).

**Career** -Has twice this spring set the NCAA Outdoor record (15-0, 3-27; 14-9, 3-6, breaking Oregon's Becky Holliday's mark of 14-8, 2003.

**Jackie Nguyen** (So., 5-6, Atherton, Castilleja HS) - **PV (No. 23 13-2.25)**

**2004 West Region** - Tied for seventh in the vault (12-10).

**2004 Pac-10** - Placed eighth in the pole vault (13-2.25, personal outdoor best). Second-team All-Academic Pac-10 (3.64gpa, physiological studies).

**Career** - Personal-best of 13-3.50i tied for No. 4 in UCLA history.

**Candice Baucham** (Jr., 5-5, Inglewood, Long Beach Poly) - **LJ (No. 14 20-9.75)/TJ (No. 5 44-8)**

**2004 West Region** - Placed second in the triple jump (42-4) and fourth in the long jump (20-1.75).

**2004 Pac-10** - Defended her triple jump title (44-8, personal-best, tied meet record, No. 2 in UCLA history).

**2004 NCAA Indoor** - Earned All-American honors, placing third (44-2.75, then personal-best).

**Career** - Two-time Pac-10 TJ champion. 2003 West Region TJ champion.

**Jessica Cosby** (Jr., 5-9, Mission Hills, Cleveland HS) - **SP (No. 6 56-7.25)/HT (No. 6 214-9).**

**2004 West Region** -Won the hammer throw (214-9, personal-best, No. 2 in school history) and was third in the shot put (54-4.50).

**2004 Pac-10** -Won the hammer throw (208-9) and was third in the shot put (55-2.25).

**2004 NCAA Indoor** - Earned All-American honors by placing fourth in the shot put (56-6.50)

**Career** -2002 NCAA Outdoor shot put champion. Three-time All-American and two-time Pac-10 champion. Her personal-best SP of 57-0.25 is No. 6 in school history. First woman in U. S. Junior history to win the shot put/hammer throw at the same national Junior meet (2001).

**Kamaiya Warren** (RFr., 5-11, El Sobrante, St. Mary's HS) - **SP (No. 13 55-2.75)**

**2004 West Region** -Placed 12th in the shot put (12th, 48-6) and seventh in the discus (167-11).

**2004 Pac-10** -Finished fourth in the discus (165-6).

**Career** - Her 55-2.75 personal-best SP is No. 8 in school history.

**Cari Soong** (Sr., 5-9, Riverside, North HS) - **HT (No. 7 213-5)**

**2004 West Region** - Finished second in the hammer throw (213-5, season-best).

**2004 Pac-10** - Placed second in the hammer throw (203-1).

**2004 NCAA Indoor** -Earned All-America honors, placing eighth in the weight throw (69-4.75, school record, old mark, 69-00, Seilala Sua, 2000).

**Career** - School record-holder in the hammer (216-3). Seven-time All-American. 2003 West Region and Pac-10 HT champion.

#### Relay Alternates

**Jenna Timinsky** (RFr., 5-7, Encinitas, San Dieguito Academy) - In the 800m at the West Region placed 7th (2:08.02) and at the Pac-10, finished fourth (2:08.55). Her PR 2:06.26 is No. 9 in school history. In cross country last fall, she helped lead UCLA to a 7th-place finish at the NCAA Championships and earned All-West Region honors. First-team Pac-10 All-Academic in track (3.84gpa, linguistics & anthropology) and second-team in cross country.

**MacKenzie Hill** (Fr., 5-5, Long Beach Wilson) - At the Pac-10, placed ninth in the 400m hurdles (1:07.68). Had a best time this season of 59.24 (her PR is 58.39, placing second at the 2003 U. S. Junior meet).

## TWO WEEKS AGO (MAY 28-29)

**Bruins Win Second Consecutive NCAA West Region Championship; Twelve Bruins automatically qualify for the NCAA Championships, including Six Regional Champions**

At the 2004 NCAA West Region Championships, held at CS Northridge's Matador Track, the Bruin women defended their regional team title. The Bruins scored 141 points in the victory. In 2003, UCLA won the women's inaugural West Region Championship team titles, scoring 138 points.

#### Team Standings:

Women (Top five of 26 teams) - **1. UCLA 141**, 2. USC 79, 3. Stanford 74, 4. BYU 56, 5. Arizona State 47

In all, UCLA automatically qualified 12 athletes, along with the 4 X 100m relay. UCLA had six individual champions - junior **Monique Henderson (400m)**, senior **Sheena Johnson (100mH/400mH)**, sophomore **Sheena Gordon (high jump)**, sophomore **Chelsea Johnson (pole vault)** and junior **Jessica Cosby (hammer throw)**.

#### 2004 NCAA West Region UCLA Results

**Final Results:** Top five individual finishers and top three relays automatically advance to the NCAA Championships, June 9-12, in Austin, TX.

**100m** - Senior **Sani Roseby** placed third (11.57, 1.0).

**200m** - no entries

**400m** - Junior **Monique Henderson** won the event, in a personal-best 50.65. Already the school record holder (old mark, 50.90, set at the 2004 Pac-10 meet, Henderson's 50.65 bests her previous top time of 50.74, the former national high school record she set as a junior at Morse HS in San Diego). Currently, her 50.65 is No. 2 in the U. S. and No. 3 in the world. In qualifying - heat two (Henderson, 1st, 52.26; senior **Adia McKinnon**, 5th, 54.87, DNQ).

**800m** - Sophomore **Ashley Caldwell**, the Pac-10 champion, placed second, just getting edged at the finish line, in a time of 2:05.01 (personal-best, No. 4 in school history) and redshirt freshman **Jenna Timinsky** placed seventh (2:08.02). In qualifying - heat one (Timinsky,

5th, 2:08.07)/heat two (Caldwell, 1st, 2:07.19).

**1500m** - Senior **Melissa McBain** finished fourth (4:18.08, personal-best, No. 9 in school history), sophomore **Alejandra Barrientos** placed fifth (4:20.20) and sophomore **Allison Hall** was 10th (4:31.07). In qualifying - heat one (Barrientos, 2nd, 4:29.05; sophomore Hall, 5th, 4:29.27)/heat two (McBain, 4th, 4:26.72).

**100m Hurdles** - Senior **Sheena Johnson** won the event (12.85, 0.8), sophomore **Dawn Harper** placed third (13.17) and senior **Sani Roseby** was fourth (13.20). In qualifying - heat one (Roseby, 2nd, 13.34, 1.5)/heat two (S. Johnson, 1st, best time, 13.11, 0.5; Harper, 3rd, 13.28).

**400m Hurdles** - Senior **Sheena Johnson**, the defending champion, placed first, in a time of 54.91. Johnson won both hurdle titles at the West Region and Pac-10 meets. In qualifying - heat three (S. Johnson, 1st, 57.02, best time; freshman **MacKenzie Hill**, 1:06.44, DNQ).

**3,000m Steeplechase** - no entries

**4x100m Relay** - **Sophomore Dawn Harper, junior Monique Henderson, senior Adia McKinnon and senior Sani Roseby** finished third (44.44). In qualifying - heat one (Roseby, Hill, Harper, Henderson, 3rd, 44.81).

**4x400m Relay** - UCLA's relay of **senior Sani Roseby, senior Adia McKinnon, freshman MacKenzie Hill and junior Monique Henderson** placed fourth (3:37.21). The Bruins did not automatically qualify for the NCAA, but the Bruins' season-best time of 3:32.39 did receive an at-large bid.

**Pole Vault** - Sophomore **Chelsea Johnson**, the NCAA Outdoor record holder (15-0), won the title, with a vault of 13-9.75. Sophomore **Jackie Nguyen** tied for seventh (12-10).

**High Jump** - Sophomore **Sheena Gordon** won the event, with a personal-best 6-2 (No. 2 in school history, bypassing Jackie Joyner's 6-1.50). Junior **Caroline Sommers** and senior **Julie Stevenson** tied for 11th (5-6.50).

**Long Jump** - The Bruins qualified junior **Candice Baucham**, who placed fourth (20-1.75, 0.4) in qualifying. Junior **Dana Bethel** finished 10th (18-10, 1.7).

**Triple Jump** - Junior **Candice Baucham**, the defending champion, placed second (42-4, -0.4) and sophomore **Sheena Gordon**, who earlier in the day won the high jump, placed fifth (41-1.50, 0.7).

**Shot Put** - Junior **Jessica Cosby**, who on Friday won the hammer throw, placed third (54-4.50) and freshman **Kamaiya Warren** was 12th (48-6).

**Discus** - Freshman **Kamaiya Warren** placed seventh (167-11).

**Hammer Throw** - Junior **Jessica Cosby**, who won the 2004 Pac-10 event, also took first place at the Regional, with a personal-best 214-9 (No. 2 in school history). Senior **Cari Soong**, the defending champion, placed second, with a season-best 213-5. The Bruins picked up 18 points.

**Javelin** -Senior **Karina Powell** placed 20th (136-6).

## FOUR WEEKS AGO (MAY 14-15)

**Bruins Win Eighth Consecutive Pac-10 Championship**

**Monique Henderson/Sheena Johnson Each Win Two Events and Run on UCLA's Winning Relays**

Tucson, AZ - At the conclusion of the 2004 Pac-10 Track and Field Championships, held at Arizona's Roy P. Drachman Stadium, the Bruin women won their eighth consecutive Pac-10 title, scoring 174.50 points. It was the second-highest UCLA point total in the school's conference history (1997,189.5/2004,174.50/1998, 174). The Bruin men also won the conference crown, making it the first time since 1998 the same school won both titles.

#### Final Team Scores

**1. UCLA 174.50**, 2. Stanford 153, 3. USC 111, 4. Arizona State 97, 5. California 68, 6. Washington 66, 7. Oregon 58, 8. Washington State 45.50, 9. Arizona 45.

Under Bruin head coach **Jeanette Bolden**, in her 11th season, UCLA has won eight consecutive Pac-10 titles and 10 of the last 11 conference crowns (1996/3rd). Overall, UCLA has won 15 Pac-10 titles since 1987.

#### **Nine Championship Event Winners**

Overall, the Bruins won nine titles — **200m/400m** - junior **Monique Henderson (22.89/50.90)**; **800m** - sophomore **Ashley Caldwell (2:06.88)**; **100mH/400mH** - senior **Sheena Johnson (12.79/55.45)**; **4X100m Relay (43.43)** - senior **Hasani Roseby**, S. Johnson, sophomore **Dawn Harper**, Henderson; **4X400m Relay (3:32.39)** - Roseby, S. Johnson, senior **Adia McKinnon**, Henderson; **TJ** - junior **Candice Baucham (44-8)**; **HT** - junior **Jessica Cosby (208-9)**.

#### **2004 Pac-10 UCLA Results**

**100m** - senior **Hasani Roseby** placed second 11.52 (0.8). In qualifying - heat one (Roseby, 11.46, 0.0, 2nd best time of day, UCLA best, No. 9 in school history, Regional Qualifier (RQ).

**200m** - junior **Monique Henderson** won the event, in a stadium record mark of 22.89 (0.0). She joins Arizona State's Maicel Malone as the only other athlete in women's conference history to win both the 200m/400m in the same meet (1988, 1990, 1991). **Roseby** placed third (23.55, season-best, RQ). In qualifying - heat one (Henderson, 23.05, 0.0, top time of day; Roseby, 3rd, 23.66, season-best, RQ).

**400m** - **Henderson** won the event in a school record time of 50.90, breaking Florence Griffith's mark of 50.94 (1983). It was a meet record, RQ and No. 2 in Pac-10 history (Henderson's PR is 50.40 in 2000, the former national high school record). Senior **Adia McKinnon** placed ninth (54.61, season-best, RQ). In qualifying - heat two - (Henderson, 1st, 52.02, best time of day)/ heat one (McKinnon, 2nd, 55.34).

**800m** - The Bruins picked up 15 points in this event - sophomore **Ashley Caldwell** won, in a personal-best time of 2:06.88 (RQ) and redshirt freshman **Jenna Timinsky** placed fourth (2:08.55). Senior **Melissa McBain** finished ninth (2:18.24). In qualifying - heat one (Caldwell, 1st, 2:07.56, fastest time of day; Timinsky, 3rd, 2:09.05); heat two (McBain, 2nd, 2:10.62; senior **Jessica Marr**, 2:12.77, season best, DNQ; sophomore **Allison Hall**, 9th, 2:13.00, DNQ).

**1,500m** - UCLA picked up 14 points in this event. Sophomore **Alejandra Barrientos** was third (4:23.15), **Caldwell** was fifth (4:26.00), **McBain** placed sixth (4:27.57) and **A. Hall** finished eighth (4:33.17). In qualifying - heat one (McBain, 4th, 4:28.11; Hall, 5th, 4:31.93)/heat two (Caldwell, 2nd, 4:34.81; Barrientos, 4th, 4:36.49).

**5,000m** - no entries

**10,000m** - no entries

**100m Hurdles** - senior **Sheena Johnson** defended her Pac-10 title, winning with a personal-best time of 12.76 (0.0, stadium record, No. 2 on current USA chart, No. 2 in UCLA history, No. 3 in Pac-10 history). **Roseby** was second, in a time of 12.96 (personal-best, No. 4 in school history). In qualifying - heat one (Roseby, 1st, then PR, 12.97, 0.6, best time of day, then No. 3 in school history; Johnson, 2nd, 13.02)/heat two (sophomore **Dawn Harper**, 3rd, 13.16, 0.0, personal-best, tied for No. 6 in school history, RQ).

**400m Hurdles** - **S. Johnson** defended her 400m hurdle title, in a time of 55.45 (slower than her world-leading prelim mark of 54.32, a Pac-10 meet record). She's only the second women in conference history to repeat as 100mH/400mH champion (joining UCLA's Janeene Vickers, 1989-90). In the 400m hurdles, Johnson is the first-ever four-time champion in the event (only the third woman in Pac-10 history to win an individual event all four years, joining UCLA's Amy Acuff/HJ/1994-97 and USC's Inga Stasiulionyte/JT/2001-04). Freshman **Mackenzie Hill** placed ninth (1:07.86). In qualifying - heat two (S. Johnson, 1st, 54.32, fastest time of day, Pac-10 meet and stadium record, season-best, RQ)/ heat one (Hill, 2nd, 1:00.23; sophomore **Nastassja Hall**, 7th, 1:03.00, DNQ).

**3000m Steeplechase** - no entries

**4x100m Relay** - **Roseby, S. Johnson, Harper and Henderson** placed first, with a stadium record time of 43.43 (Pac-10 meet record, No. 2 in UCLA history, No. 3 in Pac-10 history, RQ).

**4x400m Relay** - **Roseby (53.8), S. Johnson (52.9), McKinnon (54.7) and Henderson (51.0)** placed first, in a time of 3:32.39 (season-best, RQ, No. 10 in school history).

**Pole Vault** - sophomore **Chelsea Johnson**, the NCAA Outdoor record holder (15-0), placed second, with a height of 14-2. Sophomore **Jacqueline Nguyen** finished eighth (13-2.25, personal outdoor best, RQ).

**High Jump** - senior **Julie Stevenson** placed second (5-8). Junior **Caroline Sommers** finished in a tie for eighth (5-4.25).

**Long Jump** - junior **Dana Bethel** placed seventh (19-8.75, 0.0, personal-best, RQ). **N. Hall** was 10th (18-3.75, -0.2) and freshman **Georgea Richards** finished 11th (18-3.25, 0.0). Junior **Candice Baucham** fouled on her attempts.

**Triple Jump** - **Baucham** defended her title, winning with a personal-best mark of 44-8 (1.6, ties meet record, No. 2 in UCLA history, No. 5 in Pac-10 history, RQ).

**Shot Put** - junior **Jessica Cosby**, the defending champion, placed third (55-2.25). Freshman **Kamaiya Warren** fouled on her attempts.

**Discus** - **Warren** placed fourth (165-6).

**Hammer Throw** - **Cosby** won the event on her first throw (208-9) and senior **Cari Soong**, the defending champion, placed second (203-1). The event earned 18 points for the Bruins.

**Javelin** - senior **Karina Powell** was 14th (131-2).

**Heptathlon** - At the Pac-10 Multi-Events, hosted by the University of Arizona (May 7-9), **N. Hall** and **Richards** represented the Bruins. Hall finished fifth, scoring 4,975 points and Richards placed eighth, with 4,734 points.

#### **UCLA's Pac-10 Leaders**

The week of the Pac-10 Championships (May 10), the Bruins had 12 event leaders entering the conference championships:

**200m** - Monique Henderson, 22.71; **400m** - Monique Henderson, 51.20; **Mile** - Lena Nilsson, 4:37.62i(injured); **100mH** - Sheena Johnson, 13.00; **400mH** - Sheena Johnson, 56.45; **4X100m Relay** - 43.78; **4 X 400m Relay** - 3:33.18; **HJ** - Sheena Gordon, 6-1.25; **PV** - Chelsea Johnson, 15-0 (NCAA Outdoor Record); **LJ** - Renee Williams, 21-1.50i(injured); **TJ** - Candice Baucham, 44-2.75i; **HT** - Cari Soong, 209-2

#### **PAC-10 ATHLETE OF THE WEEK**

**April 13 - Sheena Gordon, Field Athlete of the Week** - Gordon won the Rafer Johnson/Jackie Joyner Kersee Invitational high jump with a personal-best leap of 6-1.25. The mark ties for the third-best in UCLA history.

#### **ACADEMICS**

##### **CoSIDA Academic All-District VIII**

##### **Second Team**

Melissa McBain, Sr., 3.433, psychology

##### **Pac-10 Track & Field**

##### **First Team**

Maribeth Buche, RSo., 3.83gpa/economics

Jenna Timinsky, RSo., 3.84gpa/linguistics and anthropology

Carmen Winant, Jr., 3.83gpa/art

##### **Second Team**

Jackie Nguyen, So., 3.64gpa/physiological studies

Carolyn Shea, Jr., 3.52gpa/communications studies

##### **Honorable Mention**

Ashley Caldwell, So.; Sheena Gordon, So.; Emily Haigh, So.,

Melissa McBain, Sr.; Sarah West, So.

## **Academic Pac-10 Cross Country**

### **First Team**

Carmen Winant, Jr., 3.81gpa/art

### **Second Team**

Melissa McBain, Sr., 3.36gpa/pre-psychology

Jenna Timinsky, So., 3.74gpa/undeclared

### **Honorable Mention**

Ashley Allen, So.; Leslie Barrie, So., Maribeth Buche, So.; Ashley Caldwell, RFr.; Emily Haigh, RFr.; Carolyn Shea, Jr.; Sarah West, So.

## **UCLA PRONUNCIATION GUIDE**

Candice Baucham (Bow-kam), Leslie Barrie (Barry), Alejandra Barrientos (Bar-e-in-tos), Maribeth Buche (Boo-shay), Kiyoko (Key-o-ko) Guillory; Emily Haigh (Haag); Nastassja (Nas-taj-a) Hall; Chelsea (Chel-see) Johnson, Adia (A-dee-a) McKinnon, Nana (Na-Na) Merriweather, Jacqueline Nguyen (New-yen); Lena (Lee-na) Nilson (Nil-son), T'Carra (Ta-car-a) Pennick, Manyuan (goes by first name of Mani, pronounced Ma-nee) Reffell (Ra-fell), Briona (Bree-a-na) Reynolds; Georgea (Georgia) Richards, Hasani (goes by first name of Sani, Saw-nee) Roseby (Rose-bee), Jenea (Ja-nay) Russ (Rus); Lara Saye (Say), Cari (Care-ee) Soong, Kamaiya (Ka-my-ah) Warren; Talita (Ta-lee-ta) Wells, Carmen Winant (Wy-nant), Jessica Yanez (Ya-nez).

## **2004 UCLA WOMEN'S T & F OUTDOOR/INDOOR/CROSS COUNTRY HIGHLIGHTS**

### **OUTDOOR HIGHLIGHTS**

#### **May 7-9**

The Bruins sent athletes (May 7-9) to the 2004 Pac-10 Multi-Events in Tucson, AZ and to the Occidental Invitational and Modesto Relays.

#### **Pac-10 Multi-Events**

#### **Hall and Richards give the Bruins five points heading into 2004 Pac-10 Championships.**

At the Pac-10 Multi-Events, hosted by the University of Arizona, sophomore **Nastassja Hall** and freshman **Georgea Richards** represented the Bruins in the heptathlon championship. Hall finished fifth, scoring 4,975 points. And, Richards finished eighth with 4,734 points. Arizona State's Jackie Johnson won the 2004 Pac-10 Heptathlon title with 5,603 points.

On the first day of competition, Hall scored 2,999 points. She ran 15.53 in the 100m hurdles (w: 0.1, 773 points). In the high jump, she cleared 5-4.50 (1.64m, 783 points). In the shot put, she threw 33-5.75 (10.20m, 543 points). And, in the 200m, Hall ran 24.86 (w: 0.7, 900 points).

In Richards' first day of competition, she scored 2,927 points. She ran 14.67 (w: 1.2, 886 points) in the 100m hurdles. In the high jump, she cleared 4-10.50 (1.49m, 610 points). She threw 32-7.75 (9.95m, 526 points) in the shot put. And, in the 200m, she ran 24.80 (w: 1.7, 905 points).

In second day competition, Hall jumped 18-8 (5.69m, 756 points) in the long jump. She threw the javelin 91-0 (27.74m, 434 points). And, in the final event, she finished the 800m in 2:22.81 (786 points). Hall's two day total of 4,975 points placed fifth and scored four team points for the Bruins.

In Richards' final day of competition, she jumped 18-6.50 (5.65m, 744 points) in the long jump. In the javelin, she threw 76-4 (23.27m, 350 points). And, she completed the 800m in 2:28.44 (713 points). Richards placed eighth overall with a score of 4,734. She also earned one point for the Bruins.

#### **Occidental**

At Oxy, sophomore **Ashley Caldwell** won the 1500m, in a

personal-best and Regional Qualifying mark of 4:22.09.

Sophomore Emily Haigh placed sixth (4:34.96).

The Bruins also had good marks in the 800m. Running personal-bests and Regional Qualifying marks were - senior **Melissa McBain** (2:07.50, eighth-best overall time) and sophomore **Alejandra Barrientos** (2:09.05, ninth-best overall mark). Also improving their times were sophomore **Allison Hall** (2:10.55, personal-best, 12<sup>th</sup>-best overall mark) and senior **Jessica Marr** (2:13.63, season-best, 19<sup>th</sup>-best overall time). In the 800m, Bruin alum Tiffany Burgess had the second-fastest overall time (2:03.05).

Other marks from Oxy included - in the 400m, senior **Adia McKinnon** was second in the 400m (54.96, season-opener) and freshman redshirt **Jenna Timinsky** was fourth (56.96); in the 5000m, sophomore **Sarah West** was third (personal-best 17:38.37) and junior **Carmen Winant** placed fifth (17:43.19) and in the high jump, junior **Caroline Sommers** placed second (equaling her personal-best of 5-8).

Bruin alumnus won both the long and triple jumps - Michelle Perry (long jump/19-2.75) and Deana Simmons (triple jump/43-1).

#### **Modesto**

Three Bruin throwers competed at Modesto - in the shot put, junior **Jessica Cosby** placed fourth (53-5) and freshman **Kamaiya Warren** was sixth (50-6.75) and in the hammer throw, senior **Cari Soong** was second (198-8) and Cosby was third (196-3).

Bruin greats who competed included Amy Acuff in the high jump (2<sup>nd</sup>, 6-4.75), Tracy O'Hara in the pole vault (2<sup>nd</sup>, 14-7.25) and in the discus, Suzy Powell won the event (205-11) and Seilala Sua placed fifth (186-4).

### **May 1 - at UCLA 93, USC 70**

#### **HENDERSON, JOHNSON LEAD UCLA WOMEN TO 93-70 DUAL MEET VICTORY OVER USC; BRUINS BEAT TROJANS FOR 12<sup>TH</sup> CONSECUTIVE SEASON**

Junior **Monique Henderson** ran in three winning UCLA races, including a world-leading mark in the 400m, and senior **Sheena Johnson** also ran in three, as the Bruin women defeated USC 93-70 for their 12<sup>th</sup> consecutive dual meet track & field victory over the Trojans. The meet was held at UCLA's Drake Stadium before 4,760. The Bruins were ranked No. 2 in the U. S. and USC was rated No. 16 (tied).

UCLA, under head coach Jeanette Bolden, leads the series history 18-3. Bolden is 11-0 vs. the Trojans in the dual meet and overall, she's 70-0 in dual competition.

In the battle for the Lexus Gauntlet (UCLA vs. USC in athletic competition for the 2003-04 season), the Bruin women picked up five points for UCLA.

Henderson, from Morse HS in San Diego, started the afternoon by anchoring UCLA's winning 4 X 100m relay (43.78, season-best, Regional Qualifier (RQ), No. 6 in school history). She then won the 400m, in a season-best, meet record (51.33, Monique Henderson, UCLA, 2002) and world-leading mark of 51.20 (RQ). Henderson is the former national high school record-holder in the 400m (50.74/her UCLA best is 51.10, 2002). She ended the day winning the 200m, in a time of 22.71 (personal-best, RQ, meet record [22.84, Shakedia Jones, UCLA, 1998], No. 2 on the current collegiate chart and tied for No. 3 in school history with Gail Devers).

Johnson, from Garfield HS in Stafford, VA, started her afternoon running the second leg on UCLA's winning 4 X 100m relay. She then also triumphed in the 100m hurdles (13.00, personal-best, RQ, No. 3 on the current collegiate chart, No. 3 in school history) and 400m hurdles (56.45, season-opener, RQ/

Johnson is the defending NCAA Outdoor 400m hurdles champion).

In all, the Bruins had 14 event winners. Joining Henderson and Johnson as UCLA winners on the track were — sophomore **Ashley Caldwell** in the 800m (2:07.41, personal-best, RQ); sophomore **Alejandra Barrientos** in the 1500m (4:22.96) and senior **Melissa McBain** in the 5000m (17:03.29, season-opener).

In the field, UCLA winners were — sophomore **Jacqueline Nguyen** in the pole vault (12-4); sophomore **Sheena Gordon** in the high jump (6-0); senior **Candice Baucham** in the triple jump (43-10, personal outdoor-best, RQ) and second in the long jump (20-9.75, RQ, personal-best, No. 7 in school history); junior **Jessica Cosby** in the shot put (56-0); freshman **Kamaiya Warren** in the discus (168-10, personal-best, RQ) and second in the shot put (55-2.75, personal-best, RQ, No. 8 in school history) and senior **Cari Soong** in the hammer throw (203-1, on Friday).

## April 23-24 - UCSD Invitational/Penn Relays

### Monique Henderson Wins 200m at UC San Diego Triton Invitational (April 23-24), Defeats Olympian Merlene Ottey

Junior **Monique Henderson**, from San Diego's Morse HS, had the top time in the 200m, 23.03 (2.0, personal-best, Regional Qualifier (RQ) and No. 7 in school history). In heat one, Henderson defeated seven-time Olympic medallist Merlene Ottey (Slovenia), who finished second (23.84). Henderson and Ottey's times were the top two of the day. Henderson also ran the first leg on UCLA's 4 X 400m relay, that placed second (3:52.85).

UCLA's other winner on Saturday was sophomore **Chelsea Johnson**, who won the pole vault (13-7.25) and sophomore **Jacqueline Nguyen** was third (13-1, personal outdoor best, RQ). Johnson this outdoor season has twice set the NCAA record, the last time at 15-0 (3/27).

Other top Bruin performers included - junior **Caroline Sommers** in the high jump (third overall, second collegian, 5-7) and in the women's shot put, the Bruins placed third and fourth overall; junior **Jessica Cosby** was third (second collegian, 55-1) and freshman redshirt **Kamaiya Warren** was fourth (third collegian, 53-10.50, personal-best, RQ, No. 10 in school history).

In the discus, Bruin great **Suzy Powell** placed second (205-2).

### Friday

Freshman **Leslie Barrie** won the 3000m steeplechase, in a time of 11:20.94 (personal-best/team-leading). Junior **Carolyn Shea** was second (11:30.32) and sophomore **Ashley Allen** was fourth (11:40.23).

In other women's competition on Friday - junior **Jessica Cosby** placed third overall in the hammer throw 209-1 (top collegian, personal-best, No. 3 in school history, RQ) and senior **Cari Soong** was fifth (second collegian, 204-11).

### Penn Relays

Sophomore **Sheena Gordon**, who is from Erie, PA (MacDowell HS) on Thursday competed in the high jump and on Friday in the triple jump. Gordon, who has a personal-best 6-1.25 (Pac-10 leader) this season, no-heighted in the collegiate championship high jump and in the collegiate championship triple jump, she placed sixth (41-7.75, RQ).

## April 14-17 - Mt. SAC Relays

### Monique Henderson, Chelsea Johnson Pace Bruins at Mt. SAC Relays

Junior **Monique Henderson** (400m) and sophomore **Chelsea Johnson** (pole vault) won their invitational events on Sunday at the Mt. SAC Relays and are UCLA's nominees for Pac-10 Women's Track & Field Athletes of the Week (April 19).

Henderson (San Diego/Morse HS) won the 400m in a time of 51.49 (regional qualifier/RQ). It's her first 400m outdoor mark this season. The time would be No. 4 on the all-time UCLA chart (Henderson already holds the No. 2 spot, 51.10, 2002) and is the former national high school record holder (50.74, personal-best).

Johnson (Atascadero HS) won the pole vault with a mark of 14-8 (4.47), setting a new meet record. She missed three attempts at 15-1.25, which would have broken her NCAA Outdoor mark of 15-0 (March 27).

Also performing well at last weekend's Mt SAC Relays were:

-senior **Hasani Roseby**, second in her heat, third overall (11.56, 0.5, season-best, RQ) in the university open 100m.

-junior **Jessica Cosby**, fourth (56-7.25/17.25, season-best, RQ) in the invitational shot put

-freshman **Kamaiya Warren**, second (50-11/15.52) in the university open shot put

-redshirt freshman **Jenna Timinsky**, fifth (2:06.26, personal-best, RQ, No. 8 in UCLA history) in the university open 800m

-senior **Melissa McBain**, ninth (4:19.01, personal-best, RQ) in the invitational 1500m

-senior **Cari Soong**, 10<sup>th</sup> (207-10/63.36) in the hammer throw

The Bruins also ran well in the university open 1500m. Redshirt sophomore **Alejandra Barrientos** won her section in a time of 4:17.60, the second-best overall mark in the event and it was her personal-best, RQ and No. 8 in school history. Also winning their heats in the 1500m were sophomore **Ashley Caldwell** (4:27.40) and sophomore **Allison Hall** (4:33.65).

Alumni who competed in invitational events at Mt. SAC included-Bisa Grant, second in the 100m hurdles (13.09, 1.9); Tracy O'Hara, fifth-place (tie) in the pole vault (13-6.25); Amy Acuff, second in the long jump (6-3.50) and in the discus, Suzy Powell (second, 206-1) and Seilala Sua (third, 191-11).

### Hall, Richards Compete at CA Invitational Heptathlon (April 14-15)

Sophomore **Nastassja Hall** finished sixth and freshman **Georgea Richards** placed 10<sup>th</sup> at the California Invitational Heptathlon, held in conjunction with the Mt. SAC Relays, at Azusa Pacific.

Hall finished with 4,621 points and was also sixth after the first day of competition, with 2,826 points. Richards had 4,447 points and was again 10<sup>th</sup> after the first day, with 2,742 points. Both are Pac-10 qualifying marks (2004 Pac-10 Multi Events, May 8-9, Tucson, AZ)

## April 8-10 - Rafer Johnson/Jackie Joyner-Kersee Invitational

UCLA's Drake Stadium hosted the second annual Rafer Johnson/Jackie Joyner Kersee Invitational.

### Saturday's Results

**UCLA Sophomore Sheena Gordon Wins HJ, Winning Mark of 6-1.25 Tied for No. 3 in School History; A World-Leading Time and Three U. S. Leading Marks Highlight Meet**

On the final day of the Rafer Johnson/Jackie Joyner-Kersee T & F Invitational, held at UCLA's Drake Stadium before a crowd of ap-

proximately 2,000, UCLA sophomore **Sheena Gordon** won the high jump and her mark of 6-1.25 was a meet record, personal-best, tied for No. 3 in school history and an NCAA Regional qualifier (RQ).

In a meet highlighted by top marks from elite collegians and professional track & field athletes, there was one World-leading time and three U. S. leading marks.

### **Collegians**

Bruin sophomore **Chelsea Johnson** narrowly missed breaking her NCAA Outdoor pole vault record, winning the vault with a mark of 14-6. Johnson, who has twice set the NCAA Outdoor record this season, last at 15-0 on March 27, just missed on her three attempts at 15-1.

Also winning for the Bruins were - senior **Melissa McBain** in the 1500m (4:21.94/on Friday night, McBain also won the 3000m, 9:23.88); **UCLA's 4 X 400m relay** (3:38.16/senior Sheena Johnson, freshman MacKenzie Hill, junior Monique Henderson and senior Sani Roseby) and senior **Karina Powell** in the javelin (143-0, season-best, RQ).

Other top UCLA performances included - in the 100m, **Monique Henderson** (3rd, 11.59, season-best, RQ); in the 800m, redshirt freshman **Jenna Timinsky** (3rd, 2:07.51); in the 1500m, sophomore **Alejandra Barrientos** (2nd, 4:23.41, personal-best, RQ); in the 100m hurdles, senior **Sheena Johnson** (2nd, 13.22, RQ), senior **Hasani Roseby** (4th, 13.42, RQ) and sophomore **Dawn Harper** (6th, 13.74, RQ); in the 400m hurdles, **MacKenzie Hill** (6th, 59.24, RQ); in the long jump, junior **Dana Bethel** (3rd, 19-9.50w, +2.1) and in the shot put, junior **Jessica Cosby** (4th, 55-8.25, RQ) and freshman **Kamaiya Warren** (5th, 51-6.50, personal-best, RQ).

### **Professionals**

In the 400m hurdles, Sheffield Elite Track Club's Brenda Taylor's winning time of 55.05 is a world leader.

There were two American leading marks. In the 100m hurdles, Bruin great and Nike's **Michelle Perry's** winning time of 13.03 and in the shot put, Nike's Kristin Heaston's 59-6.75 is also No. 11 all-time on the U. S. list.

Also placing first in their events included such world-class athletes as HSI's Inger Miller in the 100m (11.35) and HSI's Torrie Edwards in the 200m (22.73).

Other Bruin greats who won events included **Seilala Sua**, taking first place in the discus (190-10).

### **Friday's Results/Distance Carnival**

On Friday night in collegiate women's open distance events, UCLA's distance runners performed well as redshirt freshman **Jenna Timinsky** placed first and sophomore **Ashley Caldwell** finished second in the 1500m; senior **Melissa McBain** was first and sophomore **Alejandra Barrientos** placed second in the 3000m and junior **Carmen Winant** won the 5000m.

In the 1500m, Timinsky's winning time of 4:23.88 was a personal-best and NCAA Regional Qualifier and Caldwell's mark of 4:25.35 was also an NCAA Regional qualifier. In the 3000m, McBain's winning time was 9:23.88 and Barrientos came in at 9:28.35. In the 5000m, Winant's winning mark was 17:37.74

### **Friday's Results/Collegiate Open**

On Friday (April 9) in collegiate open events, UCLA freshman **MacKenzie Hill** won the 100m hurdles and Bruin senior **Sani Roseby** won the 100m. Hill's winning mark was 14.00 (2.0), a season-best and NCAA Regional qualifier. Roseby's winning time was 11.81.

### **Thursday's Results/Hammer Throw**

UCLA senior **Cari Soong** won the women's event, with a meet record (breaking her mark of 202-8, 2003), season-best and NCAA Regional Qualifying mark of 209-2. Bruin junior Jessica Cosby placed third overall (second collegian), with a mark of 192-6.

## **April 1-3 - at Texas Relays**

### **Day One 4x800m Highlights**

The team of **Ashley Caldwell, Melissa McBain, Allison Hall and Jenna Timinsky** placed second in 8:39.08. Caldwell led off in 2:08.3, followed by McBain's 2:07.6. Hall ran 2:12.2 and Timinsky ran the anchor leg in 2:10.5.

### **Day Two Highlights**

Sophomore **Sheena Gordon** was one of the standout performers of the day. Gordon won section B of the high jump, clearing a regional qualifying 5-10 (1.78m). She came back later in the day and competed in section A of the high jump. Gordon improved upon this morning's performance and won with a personal best outdoor clearance of 5-11.25 (1.81m).

The Bruin's **4x400m relay** squad won heat four of the prelims in 3:33.18. Sani Roseby led things off with a split of 54.1, followed by Sheena Johnson (52.3) and MacKenzie Hill (55.1). Junior Monique Henderson anchored the relay with a split of 51.6. The Bruins had the second fastest time of the prelims.

In the final event of the day for the Bruins, the **1600m sprint medley** relay team of Roseby, Johnson, Henderson and Jenna Timinsky placed second overall in 3:50.79.

### **Final Day Highlights**

Sophomore **Chelsea Johnson** continued her success in the pole vault. Johnson won the event, setting the new meet record at 14-9 (4.50m). Last weekend, at the Stanford Invitational, Johnson became the first collegiate woman to clear 15-0. It is a new NCAA record, breaking the previous record of 14-9 set by Johnson on March 6.

The Bruin **distance medley relay** squad of Alejandra Barrientos, MacKenzie Hill, Ashley Caldwell and Melissa McBain placed second in 11:15.49. Barrientos led off in 3:30, followed by Hill in 55.1. Caldwell ran the 800m leg in 2:08.4 and McBain anchored in 4:41.

## **MARCH 26-27 - AT THE STANFORD INVITATIONAL AT PALO ALTO.**

The Bruin women were led by sophomore **Chelsea Johnson who became the first woman in collegiate history to pole vault 15-0 feet, winning the event.** The 15-0 (4.57m) vault broke her own NCAA Outdoor/UCLA record of 14-9 that she set on March 6 (breaking



Oregon's Becky Holliday's mark of 14-8, 2003) and it's the No. 5 effort all-time. Johnson's vault also broke the meet record of 14-1.25 (4.30m) set by UCLA's Tracy O'Hara in 2002.

Other top Bruin performers included:

**800m** - redshirt freshman **Jenna Timinsky**, 6<sup>th</sup>, 2:06.85 (personal-best, RQ); sophomore **Ashley Caldwell**, 14<sup>th</sup>, 2:09.86 (season-best, RQ)

**1500m** - senior **Melissa McBain**, 9<sup>th</sup>, 4:20.19 (personal-best, RQ);

**Alejandra Barrientos**, 20<sup>th</sup>, 4:28.29, (season-best, RQ)

**High Jump** - senior **Julie Stevenson**, 4<sup>th</sup>, 5-8

**Hammer Throw** - **Cari Soong**, 4<sup>th</sup>, 193-4

season-best, RQ)

#### Results from Saturday (March 27)

**800m** - **Jenna Timinsky**, 6<sup>th</sup>, 2:06.85 (personal-best, RQ); **Ashley Caldwell**, 14<sup>th</sup>, 2:09.86 (season-best, RQ); **Allison Hall**, 22<sup>nd</sup> (2:12.67)

**1500m** - **Melissa McBain**, 9<sup>th</sup>, 4:20.19 (personal-best, RQ); **Alejandra Barrientos**, 20<sup>th</sup>, 4:28.29 (season-best, RQ)

**3000m SC** - **Ashley Allen**, 34<sup>th</sup>, 11:21.09 (personal-best); **Carolyn Shea**, 35<sup>th</sup>, 11:21.37 (season-best); **Leslie Barrie**, 38<sup>th</sup>, 11:35.59

**4 X 400m Relay** - UCLA A, 13<sup>th</sup>, 3:52.72 (season-best)

**High Jump** - **Julie Stevenson**, 4<sup>th</sup>, 5-8 (1.73); **Caroline Sommers**, 16<sup>th</sup>, 5-6 (1.68)

**Pole Vault** - **Chelsea Johnson**, 1<sup>st</sup>, 15-0/4.57 (NCAA Outdoor Record/school record/first women's collegiate vaulter to reach the 15-foot mark, personal-best, RQ, No. 5 all-time/ on March 6, Johnson set a new NCAA Outdoor mark of 14-9, breaking the old record of 14-8, Becky Holliday, Oregon, 2003)

**Hammer Throw** - **Cari Soong**, 4<sup>th</sup>, 193-4 (58.94); **Jessica Cosby**, 9<sup>th</sup>, 184-1 (56.10)

#### Results from Friday (March 26)

**800m (B)**, Heat 3 - **Jennifer Esser**, 4<sup>th</sup>, 2:15.31 (13<sup>th</sup> best time)

**1500m (B)**, Heat 1 - **Emily Haigh**, 4<sup>th</sup>, 4:37.14 (ninth- best time); **Sarah West**, 11<sup>th</sup>, 4:45.94 (29<sup>th</sup> best time)

**5000m, Heat 3** - **Valerie Flores**, 1<sup>st</sup>, 17:14.78 (season-best)(38<sup>th</sup> best time); **Carmen Winant**, 6<sup>th</sup>, 17:39.81 (62<sup>nd</sup> best time)

**Pole Vault (B)** - Flight 1 - **Jackie Nguyen**, 2<sup>nd</sup>T, 12-3.50 (3.75)(second-best mark)

**Discus (B)** - **Kamaiya Warren**, foul

**Javelin** - **Karina Powell**, 16<sup>th</sup>, 128-5 (39.14)(16<sup>th</sup> best mark)

RQ = Regional Qualifier

#### MARCH 19-20 - AT CS NORTHRIDGE INVITATIONAL

UCLA was led by junior **Monique Henderson**, who had the fastest times in both the 100m and 200m and turned in two NCAA West Region qualifying times (season-best 100m, 11.63, -1.3/ season-best 200m, 23.24, 0.6).

Sophomore **Kiyoko Guillory** had the third-best time in the 200m (season-best 25.16, 2.0); freshman **Georgea Richards** had the third-fastest mark in the 100m hurdles (season-best 14.75, 0.4) and senior **Karina Powell** had the top distance in the javelin (season-best 139-07).

#### MARCH 6-AT UCLA 238 vs. CAL POLY-SLO 127/CS FULLERTON 117/CS LOS ANGELES 71

In the season home opener at Drake Stadium, the Bruin women scored 238 points for the victory. UCLA won 14 events and eleven Bruins also had NCAA Regional qualifying marks.

Leading the way was sophomore **Chelsea Johnson**, who won the pole vault. Johnson vaulted a personal best and NCAA outdoor record breaking 14-9 (4.50m) for the victory. The height is also a Drake Stadium and UCLA school record. Oregon's Becky Holliday set the previous NCAA Outdoor mark of 14-8 (4.47m) last season.

The Bruins had a pair of dual event winners. Junior **Monique Henderson** won the 100m and 200m dash in 11.71 (-1.1) and 23.66 (-1.4). Both times are regional qualifiers. Redshirt freshman **Kamaiya Warren** won the shot put, 51-2.75/15.61m, and discus, 150-4/ 45.82m. Her shot put mark is a regional qualifier. True freshman **MacKenzie Hill** won the 400m and 110m hurdles in 56.31 and 14.24 (0.8). Hill's 110m hurdles time is a regional qualifier.

Other victorious Bruins were **Melissa McBain** (800m, 2:08.96PR, RQ), **Alejandra Barrientos** (1500m, 4:30.82), **Valerie Flores** (5000m, 17:25.52), **Cari Soong** (hammer, 207-7/63.28m, RQ) and **Karina Powell** (javelin, 138-10/42.33m).

UCLA's 400m and 1600m relays were also victorious. The 400m relay squad of Hill, Kiyoko Guillory, Henderson and Adia McKinnon won in 46.27 and the 1600m relay team of Jennifer Esser, McBain, Allison Hall and Barrientos won in 3:53.88.

#### INDOOR HIGHLIGHTS

##### MARCH 12-13 - AT 2004 NCAA INDOOR AT FAYETTEVILLE, AR

The UCLA women sent 13 athletes to the 2004 NCAA Indoor Championships, at the University of Arkansas' Tyson Indoor Stadium.

A total of 10 All-America performances, seven top-five finishes, four personal bests and a school record highlighted this year's NCAA Indoor. In the team standings, the Bruin women finished fifth overall with 40 points, behind No. 1 LSU (52), No. 2 Florida (51), No. 3 Nebraska (45.50) and No. 4 Tennessee (43).

##### 2004 UCLA Indoor All-Americans (10)

Candice Baucham (TJ), Ashley Caldwell (DMR/second career All-American honor), Jessica Cosby (SP/third career All-American honor), Dawn Harper (60mH), Chelsea Johnson (PV), Sheena Johnson (60mH, DMR/9th and 10th career All-American honors), Melissa McBain (DMR), Lena Nilsson (DMR/fourth career All-American honor), Cari Soong (WT/seventh career All-American honor), Renee Williams (LJ).

##### Individual Results

###### CANDICE BAUCHAM

**Triple Jump**, 3rd, 44-2.75 (13.48m), Personal best, No. 2 all-time - entered the meet No. 12 on the collegiate list (43-4.25).

###### JESSICA COSBY

**Shot Put**, 4th, 56-6.50 (17.23m) - entered the meet No. 6 on the collegiate list (56-0.50); **Weight Throw**, 9th in flight 2, 58-4.75 (17.80m) - entered the meet No. 11 on the collegiate list (66-11.25).

###### DAWN HARPER

**60mH**, 4th, 8.13 (8.17q), Personal Best-entered the meet No. 11 on the collegiate list (8.19).

###### CHELSEA JOHNSON

**Pole Vault**, 2nd, 13-11.25 (4.25m) -entered the meet No. 1 on the collegiate list (14-8).

###### SHEENA JOHNSON

**60mH**, 3rd, 8.11 (8.11q)-entered the meet No. 4 on the collegiate list (8.06).

###### SANI ROSEBY

**60mH**, 5th in heat 3, 8.26 - entered the meet No. 13 on the collegiate list (8.20).

###### CARI SOONG

**Weight Throw**, 8th, 69-4.75 (21.15m), Personal best, School Record (former 69-00/21.03m by Seilala Sua, 2000) - entered the meet No. 9 on the collegiate list (67-8.25).

###### RENEE WILLIAMS

**Long Jump**, 6th, 20-1.50 (6.13m) - entered the meet No. 1 on the collegiate list (21-1.50).

###### DISTANCE MEDLEY RELAY

3rd, 11:08.70, season-best (**Melissa McBain**, **Sheena Johnson**, **Ashley Caldwell**, **Lena Nilsson**) -entered the meet No. 6 on the col-

legiate list (11:10.98).

## **FEBRUARY 27-28-AT 2004 MPSF INDOOR AT SEATTLE, WA**

At the 2004 MPSF Indoor Track and Field Championships, hosted by Washington at Dempsey Indoor Stadium, the Bruins placed second. Stanford won for the third consecutive year, scoring 148 points.

**Runner-up UCLA scored 109 points**, followed by Washington with 83 points. Rounding out the Top-Five teams were Washington State (fourth, 73) and Arizona (fifth, 62).

Four Bruins were victorious. **Dawn Harper** won the 60m hurdles in a provisional time of 8.19. In the pole vault, school record holder and national leader **Chelsea Johnson** vaulted 14-4.50 (4.38m) and was named the MPSF Female Athlete of the Meet. In the throwing events, the Bruins set a pair of meet records on the way to victory. **Jessica Cosby** threw an NCAA automatic 56-0.50 (17.08m) in the shot put and in the weight throw, **Cari Soong** won with a throw of 67-1.25 (20.45m).

## **FEB. 14-AT PAC-10 INDOOR INVITATIONAL AT SEATTLE, WA**

At the Pac-10 Indoor Invite, at Washington's Dempsey Indoor Stadium, **Chelsea Johnson** was the key Bruin performer of the meet. Johnson won the pole vault with a then-personal best height of 14-8 (4.47m). By clearing the height, Johnson set a new school record, breaking the

previous record of 14-7.25 set by former Bruin great and collegiate records-holder Tracy O'Hara in 2000. Johnson also broke the Dempsey facility record of 14-3.50 (4.36m) set by O'Hara in 2003.

Johnson was one of three Bruin event winners. **Jessica Cosby** won the shot put with a then-season best performance of 53-8.25 (16.36m). It is a NCAA provisional qualifying mark. Senior **Cari Soong** continued her winning streak at Dempsey Stadium, winning the weight throw with an NCAA Automatic qualifying mark of 67-0.75 (20.44m).

**The distance medley relay of Alejandra Barrientos, Jenna Timinsky, Ashley Caldwell and Lena Nilsson** won in an NCAA Automatic time of 11:10.98.

## **CROSS COUNTRY HIGHLIGHTS**

### **2004 WORLD CHAMPIONSHIPS**

Led by top finishers Amber Harper and UCLA freshman **Alison Costello** (Yorba Linda/Esperanza HS), Team USA's Junior Women's squad placed fourth Saturday (March 20) at the 2004 IAAF World Cross Country Championships in Brussels, Belgium.

Team USA's junior women's team took to the course first on Saturday and equaled its best ever placing at the World Cross Country Championships by finishing fourth in the team competition with 120 points. Ethiopia grabbed the top four places in winning the team competition with 10 points.

Kenya was the runner-up with 36 points, with Japan third with 67 points. Team USA's junior women also placed fourth in 1995 in Durham, England, and in 2003 in Lausanne, Switzerland.

The U.S. was led by Amber Harper (Provo, Utah), who placed 24th, followed by **Alison Costello** (UCLA/Los Angeles, Calif.) in 30th (22:10) and Amanda Trotter (Palo Alto, Calif.) in 31st. Jennifer Barringer (Oviedo, Florida) was 35th with Trotter's twin sister Katy (Palo Alto, Calif.) 36th and Brittany Brockman (Waco, Texas) 60th.

### **2004 USA CHAMPIONSHIPS**

UCLA freshman **Alison Costello** (Yorba Linda/Esperanza HS) on Feb. 7 won the 2004 USA Junior Women's Cross Country individual championship in Indianapolis. She ran the 6km course in a winning

time of 20:55, ahead of second-place Kathleen Trotter (Stanford), in a time of 21:06. The race was held at Indianapolis' Fall Creek and 16th Street Park.

The top six finishers in the junior women's competition (age 19 and under) qualify for the U. S. team that will travel to Brussels, Belgium for the upcoming IAAF World Championships (March 20-21). Joining Costello and K. Trotter on the U. S. team will be - third-place Amber Harper (BYU, 21:19), fourth-place Jennifer Barringer (UNAT, 21:21), fifth-place Amanda Trotter (Stanford, 21:34) and sixth-place Brittany Brockman (UNAT, 21:37).

Last fall, Costello was one of the Bruins' top cross country runners, helping the UCLA women qualify automatically as a team to the NCAA Championships (UCLA placed seventh, its highest finish since 1985). In last fall's major cross country invitationals, Costello placed 153rd (21:34.1) at the NCAA, 14th (20:53, earning All-Region honors) at the NCAA West Region Qualifying and 15th (22:19.0) at the Pac-10, 24th (21:02.2) at the Pre-National and fourth (21:21) at the Stanford Invitational.

At the 2003 CA State meet as a senior at Esperanza, Costello placed third in the 1600m in a personal-best 4:53.74.

### **2003 UCLA CROSS COUNTRY**

Eric Peterson's UCLA women's cross country squad in 2003 had one of the most successful campaigns in school history.

At the **NCAA Championships** (Nov. 24 at Northern Iowa U./6k), the Bruins were an automatic qualifier and placed seventh as a team, with 293 points. It's the highest UCLA placement under Peterson and one of only five Top 10 NCAA finishes in Bruin women's cross country history.

UCLA was led by two All-Americans, senior **Valerie Flores** placed 20th (20:28.9) and redshirt freshman **Ashley Caldwell** was 36th (20:45.6).

At the **NCAA West Region** (Nov. 15 in Portland, OR/6k), UCLA placed second (69 points) and had five All-Regional runners - Flores (4th, 20:30), Caldwell (11th, 20:50), freshman **Alison Costello** (14th, 20:53), sophomore **Jenna Timinsky** (21st, 21:03) and senior **Melissa McBain** (25th, 21:11).

At the **Pac-10 Championships** (Nov. 1 at Washington State/6K), UCLA was third (79 points) and led by first-team All-Pac-10 runner Flores (7th, 21:55.10) and second-team All-League Caldwell (14th, 22:17.2).

